

**Hospital Setting Perspective
Rehabilitation in the context of
HIV presentation**

WHO are the players?

Players involved in rehabilitation

Hospital setting

- Occupational Therapist
- Physiotherapist
- Speech Language Pathologist
- Doctor
- Social Worker
- Dietician
- Vocational Rehab
- Recreational Therapist
- PHAs
- ...

Complementary Therapies

- Acupuncture
- Chiropractic
- Taichi
- Yoga
- Art Therapy
- Massage Therapy
- Reflexology

**WHAT are the goals of
rehabilitation?**

WHAT are the goals of rehabilitation?

- Maintain and restore function
- Improve health – physical, social, mental well-being
- Enhance independence
- Enhance autonomy
- Enhance overall quality of life

WHAT to expect – components of rehabilitation

- ASSESSMENT “baseline snapshot”
- Develop GOALS addressing impairments, disabilities and handicaps according to client
- Develop individualized IMPLEMENTATION PLAN (TREATMENT PLAN) to achieve set goals
- ONGOING reassessment and re-evaluation of goals and services

WHERE to access rehabilitation?

WHERE to access rehabilitation

- Hospitals (acute, rehab, palliative)
- Outpatient centres and clinics
- Rehab settings (inpatient, outpatient, clinics)
- Home Care
- ASOs
- Community agencies
- Vocational settings
- Schools
- Hospices
- Community parks / recreation programs

WHEN to access rehabilitation?

WHEN to access rehabilitation

- At any time or stage along the continuum of care depending on needs of individual – CLIENT – CENTRED
- Disease prevention \leftrightarrow health promotion \leftrightarrow primary care \leftrightarrow acute care \leftrightarrow community care \leftrightarrow home care.....
- Asymptomatic \leftrightarrow Symptomatic

HOW to access rehabilitation?