



Canadian Working Group on HIV and Rehabilitation

Groupe de travail canadien sur le VIH et la réinsertion sociale

# *CWGHR Mentorship Project*

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# *Participants*

- Mentors and mentees from Sault Ste Marie, Sudbury, Thunder Bay, and Toronto
- People living with HIV, clinicians working in HIV programs, rehab clinicians wanting more skills in providing care for people living with HIV, AIDS Service Organization staff, CWGHR staff
- Clinicians: SW, PT, OT, SLP, Dietician and RN



# *Process*

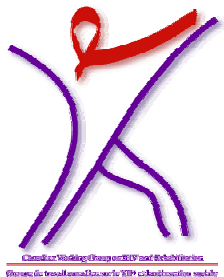
- Introductory session using Interprofessional Learning Module/On-line course
- 6 videoconferences per program, 'final' one is next week!
- Primarily case based – some from scenarios generated by CWGHR course, most from this last group 'cases from the clinic' or personal situations



# *Discussion*

Similar themes emerging among sites and groups:

- Awareness about living with HIV
- Awareness about rehabilitation
- Access to rehabilitation services
- Access to specialists among sites



# *Challenges*

- Co-morbidities and complex psychosocial issues are compounded by isolation and/or marginalization
- Difficulty finding appropriate housing and services especially if co-morbidities
- Advanced stages of HIV with limited follow up and access to services (including rehab)



# *Opportunities*

- Advocacy for access to services
- Partnerships with different organizations
- Increasing rehab network and competence
- Resource development:
  - IPL and Online course
  - Teaching opportunities
  - HIV and Rehab Manual
  - Expansion of the project to other regions

